



## White Moon in a Powder Blue Sky: A Primer in Healing from Both Sides of the Veil in Memoir, Sonnets and Prose (Paperback)

By Julie R Dargis

Indie House Press, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A collection of poetry and prose with essays on energy healing, quantum physics, and our unbreakable connections with spirit. The author ponders quantum physics and the role of consciousness, providing a lens for readers to peek into these worlds. The result is a book that is a one-hour meditation, sparking flashes of insight as readers allow the content to flow through their minds, rather than trying to grasp it all at once. The book encourages readers to consider the many dimensions of energy in the subtle worlds around them to form a deeper understanding of themselves. KIRKUS REVIEW Dargis (Pit Stop in the Paris of Africa, 2013) explores the concepts of healing energy, quantum theory, and the higher self through memoir, prose, and poetry. When the author began studying integral health at the California Institute for Human Science in Encinitas, she struggled to keep up. With no background in science, she realized that only through poetry could she understand the material. She synthesized the information through the process of writing sonnets, which informs the poetry in this primer. It will be hard for...



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