



## Super Supper Throwdown (Paperback)

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By Candlewick Press

Candlewick Press (MA), United States, 2014. Paperback. Condition: New. Language: English . This book usually ship within 10-15 business days and we will endeavor to dispatch orders quicker than this where possible. Brand New Book. It s Professor Fizzy, champion of healthy meals, versus Fast Food Freddy in a Super Supper Throwdown! Whose meal will be more delicious? Welcome to Fizzy s Lunch Lab, a kitchen where Professor Fizzy and his friends cook up delicious, nutritious meals while learning the science behind healthy foods. A cooking showdown between Professor Fizzy and his nemesis, Fast Food Freddy, owner of Greasy World, is about to begin. The challenge: cook the most delicious food as decided by three kid judges. If Fizzy wins, Freddy will have to serve Fizzy s healthy meal at his restaurant for a month. Both teams prepare their meals -- Fizzy a tasty, balanced one and Freddy a fatty, greasy one. While the cooking battle heats up, readers will learn the components of a balanced plate through recipes, cooking tips, shopping ideas, and more.



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### Reviews

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*This book is definitely not simple to begin on studying but quite fun to see. I actually have read and that i am sure that i will gonna read through yet again once again in the foreseeable future. It is extremely difficult to leave it before concluding, once you begin to read the book.*

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