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Helen s Asian Kitchen: Easy Chinese Stir-fries (Hardback)

By Helen Chen

Houghton Mifflin Harcourt Publishing Company, United States, 2009. Hardback. Condition: New. Language: English . Brand New Book. A full-color cookbook featuring quick, delicious Chinese stir-fry recipes Helen s Asian Kitchen is one of the top names in Asian cookware--a company whose products are sold through hundreds of outlets, from Bed Bath Beyond to Sur La Table and independent specialty retailers. Now the company s founder, Helen Chen, gives people more than 60 fast, easy recipes for home-style Chinese stir fries. People will find favorites such as Kung Pao Chicken, Sweet and Sour Pork Northern Style, Broccoli Beef in Oyster Sauce, and Crystal Shrimp as well as less familiar choices, including nearly 20 recipes starring tofu or vegetables. With authoritative guidance on stir-fry techniques and ingredients as well as more than 30 beautiful color photographs, it s just what people need to get tasty Chinese meals on the table fast--and make the most of a wok. Helen Chen (Lexington, MA) is the founder of Helen s Asian Kitchen), a widely distributed Asian cookware line, and the author of Helen Chen s Chinese Home Cooking (978-0-688-14609-2). Her mother, Joyce Chen, was a pioneering Chinese restaurateur and entrepreneur, and Helen served as...



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